



RUN FOR LIFE - NON-COMPETITIVE RACES

10km – 5km

MARCH 9, 2025 - MONZA PARK

SOCIALTIME, in collaboration with I Gamber de Cuncuress and the Silvia Tremolada Aps Association, is organizing the tenth edition of RUN FOR LIFE. The event, organized to coincide with Women's Day, aims to promote respect as a necessary condition for civil coexistence between men and women. The initiative is for charity. The proceeds, net of organizational costs, will be invested in planting an area of the Monza Park.

The non-competitive 10km and 5km races will take place on Sunday 9 March 2025, starting at 9.15am for the 10km and following that for the 5km.

ELIGIBLE FOR PARTICIPATION:

The following can participate in the demonstrations:

- 10 km non-competitive free pace are open to all as long as they have a medical certificate of good health issued by a general practitioner. Those who wish to run the 10 km must be 16 years old on the day of the race, at the time of registration for these "Non Competitive" trials, constitutes a handwritten declaration of possession of such certificate and relieves the Organizing Committee from any liability.
- 5Km non-competitive, free pace, open to all without age distinctions.

Upon registration, all those who wish to participate in the non-competitive trials of RUN FOR LIFE 2025 must sign the declaration of responsibility, as per the text below:

DISCLAIMER:” I, the undersigned, aware of the criminal sanctions provided for in the event of untruthful declarations and false documents (art. 26 l. 15/68 and art. 489 cp) declare: to have read and consequently know, accept and respect the rules of "RUN FOR LIFE 2025"; to be aware that participation in sporting events is potentially a risky activity if you are not adequately prepared and in suitable physical condition; to be aware that to register you must be 16 years old on the date of the event and be in possession of the Competitive Athletics certificate; to register voluntarily and to assume all risks arising from my participation in the event: falls, contact with vehicles, with other participants, spectators or others, weather conditions, including scorching heat, extreme cold and/or humidity, traffic and road conditions, any type of risk well known and assessed by me. Being aware of the above, considering the acceptance of my registration, I, on my own behalf and in the interest of no one else, I raise and free the Organizing Committee of the RUN FOR LIFE NC, SOCIALTIME ODV, I GAMBER DE CUNCURESS, FIDAL, the Municipality of Monza, the Villa Reale Consortium, the Lombardy Region, the institutions



promoters, all sponsors and organizational partners of the event, their respective representatives, successors, officers, directors, members, agents, collaborators and employees of the aforementioned companies, from all present and future claims or liabilities of any kind, known or unknown, arising from my participation in the event.

Once the registration for RUN FOR LIFE 2025 has been accepted, the participation fee is not refundable, even in the event of cancellation and in the event that the race is cancelled and/or postponed to another date or not held due to force majeure and/or reasons not attributable and/or not attributable to the will of the Organizing Committee, including the revocation of the authorization to carry out the race by the competent public bodies.

By registering for the event, I expressly authorize the Organizing Company, together with the legal entities with which it has professional and commercial relationships related and connected, to take images of the event, to acquire free of charge the right to use the still or moving images in which I may appear, taken on the occasion of my participation in the race on all visual media as well as on promotional and/or advertising materials produced and distributed throughout the world and for the entire maximum time provided for by the laws, regulations, treaties in force, including any extension that may be made to the expected period. I also declare that I have read the

of the registration the privacy information available on the website www.runforlifeitaly.it and to have expressed my consent to the processing of personal data, in the manner provided. The data provided will be processed in compliance with the provisions of EU Regulation no. 2016/679 ("GDPR") and used exclusively for the purposes set out in the information published on the website www.runforlifeitaly.it."

REGISTRATIONS AND PAYMENTS:

Registrations are open and you can register via the link published on the website www.runforlifeitaly.it

10km:

- €13.00 until 31 December 2024
- €15.00 from 01 January to 31 January 2025
- €17.00 from 01 February to 05 March 2025 (for online registrations)

5km:

- €09 until December 31, 2025
- €10 from 1 January 2025 to 31 January 2025
- €12 from 01 February 2025 to 05 March 2025 (for online registrations)

NB The race will not be supervised by the FIDAL GGG.

The registration fee for RUN FOR LIFE 2025 includes: bib, timekeeping chip rental (only for the 10km), race pack with official technical t-shirt and sponsor products, supplies and sponges along the route, final refreshments, services, insurance, finisher medal, finisher diploma downloadable from the website, technical and medical assistance.



Registrations without the athlete's complete personal data will not be accepted.

Registration for the non-competitive RUN FOR LIFE Non Competitive trials can also be done in the following ways:

- Starting from January 8, 2025 until March 5, 2025 at the following physical registration points:
 - Business & Sports via Confalonieri, 103 Villasanta
 - Business & Sports Corso Bergamo, 84 Lecco
 -
- On the race track (subject to availability of bibs): - Friday 07 March 2025 from 2.00 pm to 6.30 pm at the organizational secretariat located at the Autodromo nel Parco di Monza - Saturday 08 March 2025 from 10.00 am to 6.30 pm at the organizational secretariat located at the Autodromo nel Parco di Monza - Sunday 09 March 2025, from 7.00 am to 8.45 am at the secretariat located at the Autodromo nel Parco di Monza

RACE PROGRAM:

Bib collection

Friday 07 March 2025 from 14.00 to 18.30
Saturday 08 March 2025 from 10.00 to 18.30
Sunday 09 March 2025, from 7.00 to 8.45

at the organizational secretariat located at the Autodromo Nazionale di Monza

At the same time as the delivery of the bib, the race pack will also be delivered.

Bibs may also be collected by third parties, with written authorization and a photocopy of a valid identification document.

The race bib is strictly personal, cannot be tampered with and is not transferable to anyone.

Anyone found on the race track with a bib assigned to another athlete or without a regular bib or a counterfeit bib will be held responsible for damage to property and people, including themselves, in addition to incurring the sporting sanctions under the jurisdiction of the federal bodies and the sanctions provided for by current legislation.

TIMING



The timing and rankings will be done with a transponder chip system only for the 10km.

SUPPLIES

As per WA/FIDAL regulations. A final refreshment point is planned in the arrival area.

BAGS DEPOSIT

Together with the bib, you will be given an adhesive label with your race number which must be applied to the bag/sack of the athlete who will complete the last leg and which must contain only the personal clothing of the participants (to be used for the post-race change).

The bag, duly numbered, will be collected, stored and returned at the end of the race, in the reserved area "BAG DEPOSIT", duly marked. It is recommended not to leave personal effects (cell phone, wallet, etc.) inside the bags. The organization will not be responsible for any thefts.

ATTENTION: ONLY BAGS DELIVERED BY THE ORGANIZATION WHEN COLLECTING THE RACE PACK WILL BE ACCEPTED AT THE BAG STORAGE AREA

TIME LIMIT

The time limit for the 5km and 10km is 100'; beyond this time the organizing committee will no longer be able to guarantee the complete closure of the race course.

RESULTS

For the 10 km they will be available on the event website.

GENERAL INFORMATION:

Health service

The organizing committee will provide an adequate medical assistance service along the route and at the starting and finishing points.

Transfer of registration

Athletes who are already registered but unable to participate in the race have the possibility of transferring their registration to another athlete who meets the participation requirements set out in this regulation. It is also possible to change the race by transferring the registration already made to a different distance. In this case, any increase in the registration fee must be paid when collecting the bib. Differences in the registration fees will not be refunded.



The change of name and/or race must be reported to the secretariat by March 5, 2025 at info@runforlifeitaly.it , which will send the link through which the substitution can be made.

Privacy and Image Rights

Pursuant to Legislative Decree no. 196 of 30/06/2003 (“Consolidated Law on Privacy”), we inform you that the personal data collected will be used only to prepare the list of participants and the historical archive, to provide the event services, to send informational or advertising material of the “RUN FOR LIFE 2025 NON COMPETITIVE” or its partners.

By registering for one of the events of the “RUN FOR LIFE NC” event, the athlete expressly authorizes the organizers, together with the media partners, to use the still or moving images in which he/she may have been captured during his/her participation in the race on all media, including promotional and/or advertising materials, throughout the world and for the maximum period of time provided for by the laws, regulations, and treaties in force, including any extension that may be made to the foreseen period.

CANCELLATION

In the event that the race is cancelled and/or postponed to another date, or in any case, not carried out due to force majeure and/or reasons not attributable and/or not attributable to the will of the Organization, including the revocation of the authorization to carry out the race by the competent public bodies, the registered participant will have no right to claim anything from the Organizing Committee and/or from SOCIALTIME and I GAMBER DE CUNCURESS, neither for the refund of the registration fee, nor as reimbursement for any expense incurred or to be incurred.

Submission of the application for registration constitutes acceptance of this clause and express waiver of any claim resulting from the cancellation and/or postponement of the competition.

Warning: the organizing committee reserves the right to modify these regulations at any time for reasons it deems appropriate for the purpose of better organization of the race, subject to authorization by Fidal. The event will take place in all weather conditions.

Monza, October 2024